

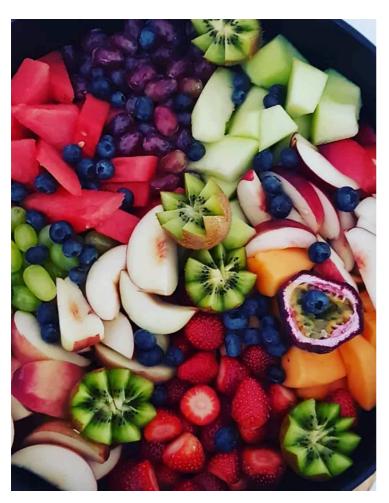
Home Meals

About





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How It Works

Menu

Generally minimum orders require 10 serves of a food item with a minium order cost of \$150. Flexibility within this range is available upon request.

Delivery of food is available with a small fee.

Cold food is ready to serve on platters.

Hot food requires heating with instruction provided.

*disposable platters/containers are available at a small cost or use of my platters/containers have no charge but do require return of them within 5 days.

A guide for cocktail food requirements: 2 hours of food – 5-6 food items per person 3 hours of food – 7-8 food items per person 4 hours of food – 9-10 food items per person 5 hours of food – 11-12 food items per person

If staff are required for serving at your function: Jodi - \$60 per hour Wait staff - \$40 per hour (minimum 3 hours)

Please <u>contact</u> Jodi to discuss and finalise your menu!







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Cocktail Menu (cold)



| Asian Pork Mini Baguettes | \$4.00 a piece |
|--|----------------|
| Beef Croudites ~ Beetroot and Roasted Capsicum | \$3.00 a piece |
| Cold Rolls ~ Spicy Dipping Sauce (pork or vegetarian) (GF) | \$3.00 a piece |
| Corn Cakes ~ Avocado Cream (Veg) | \$2.50 a piece |
| Curried Egg Pappadums (Veg) | \$3.00 a piece |
| Cucumber Sundried Tomato and Fetta Bites (GF & Veg) | \$2.00 a piece |
| Creamy Mustard Chicken Ribbon Sandwiches (GF extra \$1.00) | \$2.50 a piece |
| Fresh Baguette Rounds | \$3.00 a piece |
| -Smoked Salmon, cream cheese, lettuce, onion and capers | |
| -Ham, lettuce, cheese, Dijon, tomato | |
| -Turkey, brie, cranberry, lettuce | |
| -Roast capsicum, eggplant, caramelised onion, jarlsberg | |
| -Beef, roasted capsicum, pesto, parmesan and curly lettuce | |
| Mini BLT's (GF extra \$0.50) | \$3.00 a piece |
| Mini Bruschetta (GF extra \$0.50) (Veg) | \$3.00 a piece |
| Mini Roast Veg Brushetta ~ basil ricotta (GF extra \$0.50) (Veg) | \$3.00 a piece |
| Mini Cheese and Herb Muffins (Veg) | \$3.00 a piece |
| Mushroom Nut Tart ~ Roast Tomato Salsa (Veg) | \$3.00 a piece |
| Olive Bread Rounds ~ Blue Cheese and Roasted Pear (Veg) | \$2.50 a piece |
| Prawn Cocktail (GF) | \$4.50 a piece |
| Ricottta & Pea Patties ~ beetroot & avocado | \$3.00 a piece |
| Salmon and Cucumber Finger Sandwiches (GF extra \$1.00) | \$2.50 a piece |
| Salmon and Creamy Horseradish Cucumbers (GF) | \$2.50 a piece |
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Cocktail Menu (cold)



Smoked Salmon and Horseradish Toasts (GF extra \$0.50) \$2.50 a piece
Smoked Salmon Potatoes (GF) \$3.00 a piece
Spicy Potato Tortilla (GF & Veg) \$3.00 a piece
Stuffed Cherry Tomatoes (Veg) \$1.50 a piece
Sushi Rolls \$1.50 a piece

- -California (GF)
- -Teriyaki chicken
- -Chicken and corn (GF)
- -Tuna, cucumber and avocado (GF)
- -Avocado & Cucumber (GF)

Spinach & Sweet Potato Frittata (GF & Veg) \$3.00 a piece
Thai Chicken Cucumbers (GF) \$2.00 a piece
Zucchini Cakes ~ Basil Pesto and Cherry Tomatoes (Veg) \$3.00 a piece

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Cocktail Menu (hot)



| \$3.50 a piece |
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Cocktail Menu (ł



| Parmesan Crumbed Lamb Cutlets | \$4.50 a piece |
|--|----------------|
| Pulled Pork Sliders ~ Slaw | \$4.00 a piece |
| Roast Potato Tarts ~ Caramelised Onion, Fetta and Prosciutto | \$3.00 a piece |
| Salt and Pepper Calamari ~ fresh lemon and aioli | \$3.00 a serve |
| Samosas with Tatziki | \$2.00 a piece |
| Spinach and Cheese Pastries (Veg) | \$3.00 a piece |
| Thai Fish Cakes ~ red curry sauce | \$3.00 a piece |

NOODLE BOXES (cocktail size)

| Butter Chicken ~ Steamed Rice (GF) | \$6.00 |
|---|--------|
| Yellow Beef & Veg Curry (GF) | \$6.00 |
| Sticky Cashew Chicken Noodles | \$6.00 |
| Pulled Pork ~ Rice, Beans and Sour Cream (GF) | \$6.00 |

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Nourish Bowls

(Minimum x 5 of one type of bowl)







1. Teriyaki Chicken or Tofu

Teriyaki marinated chicken OR tofu on a bed of rice. Topped with carrot, corn, capsicum, cucumber, pickled onion, seaweed, sesame and wasabi mayo

2. Satay Chicken or Tofu (GF)

Rice noodles with sesame, carrots, capsicum, onion, corn and peanuts, drizzled with satay sauce

3. Mediterranean

Roasted capsicum and zucchini on a bed of quinoa with cherry tomatoes, chickpeas, fetta and hummus.

4. Barley and Sweet Potato

Roasted sweet potato and chickpeas on a bed of barley with spinach, egg, fetta and capsicum.

5. Roast Veg and Quinoa

Roasted seasonal veg on quinoa ~ fetta, pepitas & a sweetened balsamic dressing.

6. Lentil and Roast Beetroot (GF)

Black lentils, roast beet and broccoli with carrot, onion, spinach, walnuts and fetta.

7. Falafel / Yiros Chicken

Lettuce, tabouli, roast capsicum, fetta, cherry tomatoes, tzatziki.

8. Chicken Tikka

Grilled chicken on rice salad with corn and chickpeas. Topped with carrot, capsicum, onion and yoghurt.

9. Thai Beef OR Tofu (GF.DF)

Marinated Beef OR Tofu, grilled and served on rice with carrots, capsicum, corn, onion & cucumber and a thai coconut dressing.

10. Vietnamese Chicken OR Tofu (DF)

Chicken OR Tofu marinated in a sweet soy & lime sauce. Served on a bed of rice noodles and fresh salads with a light vietnamese dressing.



All Nourish Bowls











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Breakfast/Brunch

Menu



Savory

How It Works

| Baked Egg & Tomato wrapped in Bacon (GF) | \$3.50 per serve |
|---|------------------|
| Croissant ~ Ham & Cheese | \$3.00 per serve |
| Fetta & Caramelised Onion Tarts | \$3.00 per serve |
| Fresh Open Baguettes ~ Ham, Cheese and Tomato | \$2.50 per serve |
| Ham & Corn Frittata (GF) | \$2.50 per serve |
| Savoury Muffins (Veg option available) | \$4.00 per serve |
| Smoked Salmon Bruschetta (GF extra \$1.00) | \$3.50 per serve |
| Spinach and Ricotta Pastries | \$2.50 per serve |
| Tomato & Basil Bruschetta (GF extra \$1.00) | \$2.50 per serve |
| Veggie Slice (GF) | \$3.00 per serve |

Sweet

| Apple & Walnut Muffins | \$4.00 per serve |
|--|------------------|
| Banana and Choc Chip Muffins | \$4.00 per serve |
| Banana and Coconut Bread | \$4.00 per serve |
| Bircher Muesli | \$4.00 per serve |
| Blueberry Friands | \$4.00 per serve |
| Creamy Vanilla Yoghurt ~ Crunchy Oats | \$4.00 per serve |
| Creamy Vanilla Yoghurt ~ Bluberries (GF) | \$4.00 per serve |
| Coconut Yoghurt ~ Crunchy Oats (DF) | \$4.50 per serve |
| Fruit, Nut & Oat Slice | \$4.00 per serve |
| Mini Banana Pancakes - Maple Syrup | \$3.50 per serve |
| Seasonal Fruit Danish | \$4.00 per serve |
| Fruit Salad Cup | \$4.00 per serve |







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Sweets



Cupcakes

Banana & Coconut ~ passionfruit cream cheese
Carrot & Walnut ~ lemon cream cheese
Choc Chip ~ choc buttercream icing
Orange & Almond ~ marscapone cream
Strawberry ~ strawberry buttercream icing
Vanilla ~ vanilla buttercream icing
Caramel Mud ~ caramel ganache
Milk Choc Mud ~ milk chocolate ganache
White Mud - white chocolate ganache

\$3.50 Mini \$4.50 Medium \$5.50 Large

*extra 50c for a filling *extra 50c for choc/candy atop

Muffins

Raspberry

Apple & Walnut
Banana & Coconut
Banana Choc Chip
Blueberry
Strawberry
Choc Chip
Double Choc
Pear & Vanilla
Raspberry, White Choc & Almond
Orange & Poppy Seed

\$3.00 Mini \$4.00 Medium \$5.00 Large

*extra 50c for individually packaged

Friands \$4.00 each

Blueberry
Peach *extra 50c for individually packaged

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Cookies

Anzac

Choc Chip

Coconut Jam Drop

Greek Almond

Melting Moment

Shortbread

Triple Choc Chip

Apricot & Almond

White Choc & Raspberry

\$3.00 each

*extra 50c for individually packaged

Fruit Danish / Tarts / Pastries

Pear Danish

Raspberry Danish

Portuguese Custard Tart

Raspberry & Nutella Pastries

\$4.00 each

*extra 50c for individually packaged

Cakes

Apple & Pecan ~ caramel icing

Cinnamon Tea Cake ~ cinnamon sugar

Banana ~ vanilla cream cheese

Carrot & Walnut ~ cream cheese icing

Chocolate ~ chocolate icing

Orange & Almond ~ mascarpone icing

Spiced Red Wine Cake ~ dusted icing sugar

Strawberry ~ vanilla cream cheese icing

Pistachio & Almond ~ cream cheese icing

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\$40.00 (10 slices)

*individual serves \$5.00

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Slices

Caramel Slice

Cinnamon Filo Custard

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Lemon Coconut

Jelly Slice

Strawberry Creamcheese

Raspberry Almond & White Choc Blondies

Caramel Pecan Brownies

Triple Choc Walnut Brownies

Mini Cheesecake

Desert Cups

Raspberry Cheesecake

Tiramisu

Banana Caramel Pie

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White Chocolate Panna Cotta with Berries (GF)

Chocolate Mousse ~ Fresh Strawberries

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\$4.00 a serve

\$5.00 a serve

*extra 50c for individually packaged

\$6.00 a serve GF & DF available -\$6.50

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Sweets

Gluten Free Sweets

Banana Loaf

Apple & Coconut Muffins

Carrot & Walnut Muffins

Chocolate & Coconut Muffins

Coconut and Apricot Cookies (DF)

Almond Coconut Cookies (DF)

Melting Moments

\$4.00 a serve

*extra 50c for individually packaged

Gluten Free Cakes

Chocolate & Coconut (DF)

Chocolate & Hazelnut

Coconut & Almond

Lemon & Coconut

Carrot & Walnut

\$50.00 per cake (serves 10)

*\$6.00 for individual serves

Vegan Cakes

Chocolate

Vanilla

Sugar & Spice

Banana

\$50.00 per cake (serves 10)

*\$6.00 for individual serves

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Corporate Lunches



| Bagels | \$10.00 |
|---------------------------|---------|
| Baguettes | \$10.00 |
| Sandwiches (GF extra \$1) | \$8.00 |
| Wraps | \$9.00 |
| Rolls | \$10.00 |
| Foccacia | \$13.00 |
| Turkish Rolls | \$12.00 |
| Gluten Free Rolls | \$10.00 |

Fillings:

- Cheese, Mayo & Salad
- Curried Egg ~ Mango Chutney
- Beef, Hommus, Tomato & Baby Spinach
- Beef, Cheese & Slaw
- Beef, Cheese, Horseradish Beetroot
- Falafel, Hummus & Salad
- Ham, Cheese & Salad
- Ham, Cottage Cheese, Avo, Sundried Tomato
- Chicken, Djionaise & Salad
- Chicken Caesar
- Creamy Mustard Chicken
- Tuna, Mayo, Sundried Tomatoes, Red Onion & Lettuce
- Bacon, Tomato, Lettuce & Mayo
- Turkey, Brie, Cranberry & Lettuce
- Salami, Pesto, Tomato, Onion & Lettuce
- Smoked Salmon, Creamcheese, Red Onion & Lettuce
- Roast Veg & Basil Ricotta
- Pancetta, Rocket & Cheese

SALAD TRAYS - \$15 lunch serve OR \$20 dinner serve

(minimun order of 5 of any one type of tray)

- * Chicken OR Tofu Caesar (GF)
- * Sticky Chicken OR Tofu, Slaw & Corn
- * Lamb ~ Greek Salad (GF)
- * Asian Noodle ~ Chicken OR Tofu (DF)
- * Beef Brisket ~ Roast Veg & Fetta (GF)
- * Cold Meat Cuts ~ Cheese, Olives, Veggie Sticks, Gerkins, Egg (GF)







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Corporate Lunch

| Meals | Price Per Serve |
|---|---|
| Butter Chicken & Rice (GF) | \$15.00 add citrus side salad - \$3 |
| Yellow Chicken Curry & Rice (GF/DF) | \$15.00 add citrus side salad - \$3 |
| Thai Chicken Curry & Rice (GF/DF) | \$15.00 add citrus side salad - \$3 |
| Beef Korma Curry & Rice (GF/DF) | \$15.00 add citrus side salad - \$3 |
| Beef and Mushy Creamy Strog & Rice (GF) | \$15.00 add garden side salad - \$3 |
| Beef & Veg Satay Noodles | \$15.00 |
| Balinese Beef Curry & Rice (GF/DF) | \$15.00 |
| Beef & Veg Stew (GF) | \$15.00 |
| Slow-Cooked Lamb Stew (GF) | \$15.00 |
| Swedish Meatballs and Rice | \$15.00 add garden side salad - \$3 |
| Chicken Satay & Rice (GF/DF) | \$15.00 add iceberg citrus side salad - \$3 |
| Cashew Chicken Noodles | \$15.00 |
| Sticky Chicken ~ Fried Rice | \$15.00 |
| Honey Mustard Chicken & Rice (GF) | \$15.00 add garden side salad - \$3 |
| Apricot Chicken and Rice (GF/DF) | \$15.00 add greek side salad -\$3 |

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\$15.00

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Chilli Con Carne ~ Corn Chips, Guacamole, Sour Cream, Cheese





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Corporate Lunch



Meals (cont)

Moroccan Beef and Chickpea ~ Cous Cous

Chicken Drumsticks with Napoli, Pinenut & Rice (GF)

Beef Lasagne

Vego Lasagne (VEGO)

Cheese & Spinach Cannelloni (VEGO)

Pork Meatballs & Spaghetti

Creamy Penne Bolognaise

Beef & Tomtato Pasta Bake

Creamy Pumpkin & Chorizo Risotto (GF) (VEGO option available)

Beef Spanish Rice

Roast Pumpkin & Bacon Quiche

Veggie & Bacon Slice (GF) (VEGO option)

Price Per Serve

\$15.00 add garden side salad -\$3

\$15.00 add greek side salad -\$3

\$15.00 add garden side salad - \$3

\$15.00 add garden side salad - \$3

\$15.00 add garden side salad - \$3

\$15.00 add rocket side salad - \$3

\$15.00 add garden side salad - \$3

\$15.00 add garden side salad - \$3

\$15.00 add rocket side salad - \$3

\$15.00 add greek side salad - \$3

\$10.00 add greek side salad - \$3

\$10.00 add garden side salad - \$3







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Platters



| Antipasto - Cold meats, Sundried Tomatoes, Roasted Capsicum, Gherkins, Olives, Cheese, Bread | \$9.00 per serve |
|--|------------------|
| Cheese | \$9.00 per serve |
| - Assorted Cheeses, Dried fruit, Crackers Dips | |
| - Toasted Turkish Bread and Veggie Sticks | \$7.00 per serve |
| Cold Meat and Cheese | \$8.50 per serve |
| - Assorted Cold Meats, Cherry Tomatoes, Eggs, Cheeses, Olives and Gherkins | |
| Mediterranean Platter | \$9.00 per serve |
| - Meatballs, Falafel, Fetta, Hummus, Tzatziki, Tabouli, Olives, Flat bread | ****** |
| Fresh Fruit and Cheese - Fresh Seasonal Fruit and Assorted Cheese and crackers | \$9.00 per serve |
| Fresh Fruit | |
| - Seasonal fruits | \$7.50 per serve |





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Children's Partie



Savory

| Cheese, Kabana, Cucumber, Tomato Skewers | \$1.50 |
|--|--------|
| Dip & Veggie Sticks Cup | \$2.00 |
| Ham & Corn Mini Muffins | \$1.50 |
| Ham & Cheese Wraps | \$2.00 |
| Ham & Pineapple Pizza | \$2.00 |
| Mini Hotdogs | \$2.50 |
| Pizza Pinwheels | \$2.00 |
| Popcorn Cups | \$2.00 |
| Sausage Rolls | \$2.00 |
| | |

Sweets

| Choc Chip Cookie | \$1.50 |
|------------------------------|--------|
| Fairy Bread Circles | \$1.00 |
| Fruit Skewers | \$3.00 |
| Funny Face Cookies | \$2.50 |
| Funny Face Cupcakes | \$2.50 |
| Honey Crackles | \$1.50 |
| Jelly Cups | \$2.00 |
| Mini Choc Muffins | \$2.00 |
| Mini Banana and Choc Muffins | \$2.00 |





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Wedding and Celebration Cake







Flavours

Vanilla

Lemon & Coconut
Lime & Coconut
Mango & Coconut
Orange & Almond
Citrus Blend
Strawberry
Raspberry
Blueberry
Blackforrest

Banana Carrot & Walnut Apple & Pecan

Chai Tea

Red Wine & Cinnamon

Red Velvet

Traditional Chocolate
Traditional Fruit Cake

Pistachio Sticky Date Choc Hazelnut Red Velvet

Dark Chocolate Mud Milk Chocolate Mud

White Chocolate Mud

Caramel Mud

Filling

Vanilla Buttercream
Chocolate Buttercream
Strawberry Buttercream
Choc Hazelnut Buttercream
Caramel Buttercream
Dark Chocolate Ganache
Milk Chocolate Ganache
White Chocolate Ganache

Nutella Cream Cheese

Coffee Buttercream

Caramel
Apricot Cream
Strawberry Cream
Blueberry Cream
Raspberry Cream

Vanilla Mascarpone

Lemon Curd Passionfruit Curd

Vanilla Cream

Drip Flavours

Dark Chocolate Ganache Milk Chocolate Ganache White Chocolate Ganache

Caramel

Icing

Vanilla Buttercream
Chocolate Buttercream
Strawberry Buttercream
Caramel Buttercream
Nutella Buttercream
Dark Chocolate Ganache
Milk Chocolate Ganache
White Chocolate Ganache
Vanilla Cream Cheese

Cake Toppers

Lollies/Candy Chocolates Licorice Nuts

(These choices can be discussed)

All my cakes are custom made to suit your budget and style.

Please contact me to get a quote.



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Home How It Works Menu

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Tapas Party



| Dips ~ Flat Bread | \$3.50 per serve |
|---------------------------------------|------------------|
| Roast Veg & Mascarpone Terrine | \$3.00 per serve |
| Grilled Haloumi ~ Lemon & Rocket | \$2.50 per serve |
| Cheese & Spinach Polenta | \$2.50 per serve |
| Lamb Filo Cigars ~ Tzatziki | \$3.00 per serve |
| Mushroom Arrancini Balls | \$3.50 per serve |
| Goats Cheese Baked Mushrooms | \$3.00 per serve |
| Lamb Backstrap with Parmesan & Rocket | \$3.50 per serve |
| Chorizo ~ Chickpeas & Capsicum | \$3.00 per serve |
| Chargrilled Chicken Skewers | \$3.00 per serve |
| Salt & Pepper Calamari | \$3.00 per serve |
| Prawn Saganaki | \$3.50 per serve |
| Pork Meatballs ~ Hot Tomato Salsa | \$3.00 per serve |
| Potato, Pea & Mint Tortilla | \$2.50 per serve |
| Potato Bravas | \$3.00 per serve |
| Crumbed Lamb Cutlet ~ Tzatziki | \$4.50 per serve |
| Zucchini & Haloumi Cakes | \$3.00 per serve |
| Greek Salad | \$3.50 per serve |



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Grazers



Savoury Grazers

Grazers display a variety of seasonal fresh, delicious and colourful food to entice and excite your guests. They include cheeses, dips, breads, pates, crackers, veggie crudites nuts, antipasto, fresh and dried fruit, and assorted cold meats.

Starter Grazer ~ a nice spread to start off your function or use in combination with cocktail items.

(\$15.00 per head)

Meal Grazer ~ enough food to feed your guests for a meal replacement.

(\$20.00 per head)

Deluxe Grazer ~ same size as a meal grazer but includes smoked salmon & fresh prawns for those special occasions.

(\$25.00 per head)

Sweet Grazers

(\$10.00 per head) (4-5 treats each)

An assortment of homemade slices, cookies, mini cakes & muffins scattered with chocolates and strawberries. Perfect for dessert or a decadent morning or arvo tea!

(\$20.00 per head)

Brunch Grazers

A relaxed manner to provide an indulgent brunch for your guests. Brunch grazers include fresh fruit, bread, muffins, egg & bacon bakes, croissants, fruit danish, smoked salmon.

Grazers are an easy way to entertain guests and provide a huge array for everyone to enjoy. Grazing platters can be picked up or delivered with a small fee.

Larger orders that require set up are presented as a grazing table.

This requires staff to come to the venue and set up the table prior to event.

This is an extra cost of \$50 and usually takes 1-2 hours depending on size.



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